WHAT IS CLAIMED IS:

1. A method for fabricating a resist mask for the patterning of semiconductor substrates, comprising:

providing a semiconductor substrate;

applying photosensitive resist on the semiconductor substrate, wherein a photoresist film is obtained;

exposing the photoresist film, wherein an exposed resist film is obtained;

developing the exposed resist film in a development step comprising:

applying a developer to the exposed resist film that strips the exposed resist film, so that a patterned resist film is obtained;

removing the developer;

applying a cationic surfactant to the patterned resist film; and drying the patterned resist film, so that a resist mask is obtained.

- 2. The method of claim 1, wherein the developer is removed by being displaced by a rinsing medium.
- 3. The method of claim 2, wherein the cationic surfactant is contained in the rinsing medium.
- 4. The method of claim 2, wherein the developer is removed in a first rinsing step using deionized water as a rinsing medium, and wherein the cationic surfactant is contained in an aqueous rinsing solution used as rinsing medium in a second rinsing step.
- 5. The method of claim 4, wherein the rinsing solution containing the cationic surfactant is left on the patterned resist film for a duration of 10 to 120 seconds.

- 6. The method of claim 1, wherein the cationic surfactant comprises a tertiary ammonium group.
- 7. The method of claim 1, wherein the cationic surfactant is a trimethylalkylammonium salt whose alkyl group comprises more than 8 carbon atoms.
- 8. The method of claim 1, wherein the cationic surfactant is used as a bromide or hydrogensulfate.
- 9. The method of claim 1, wherein the photoresist film is formed as a single-layer resist film.
- 10. The method of claim 1, wherein the photoresist is a positive photoresist.
- 11. The method of claim 1, wherein the photoresist is a chemically amplified photoresist.
- 12. The method of claim 1, wherein the resist mask comprises structure elements having an aspect ratio of greater than 3.
- 13. The method of claim 1, wherein the exposure is effected by means of radiation having a wavelength of less than 200 nm.
- 14. The method of claim 1, wherein the concentration of the cationic surfactant in the rinsing medium is chosen such that a rinsing medium that has remained in a trench arranged between webs of the patterned resist forms a contact angle θ_1 with the sidewall of the resist web of approximately 90°.

- 15. The method of claim 1, wherein the concentration of the cationic surfactant in the rinsing medium is less than the critical micelle concentration (CMC).
- 16. A method for forming a patterned resist layer comprising:

providing a substrate;

applying a resist layer to the substrate;

selectively exposing the resist layer to form a set of unexposed resist regions and a set of exposed resist regions;

developing the resist layer using a developer, wherein one of the sets of regions chosen from the set of unexposed regions and the set of exposed regions is removed, wherein a patterned resist layer is formed;

exposing the patterned resist layer to a cationic surfactant; and drying the resist layer, wherein a resist mask is formed.

- 17. The method of claim 16, further comprising displacing the developer using a first rinsing medium.
- 18. The method of claim 17, wherein the first rinsing medium includes a cationic surfactant.
- 19. The method of claim 17, further comprising adding a second rinsing medium after the first rinsing medium, wherein the second rinsing medium includes an aqueous solution of a cationic surfactant.

20. The method of claim 19, wherein the first rinsing medium consists essentially of deionized water.